



KM United Youth FC – Return to Training & Consent Form Required

Dear Parent/Carer,

On Saturday 18th July 2020, the Football Association released their updated guidance on permitted Grassroots football activity and the return to competitive football during Covid-19. KM are excited to confirm we have put processes and protocols in place and are ready to start back. A summary of the new FA guidelines are as follows: -

- **Everyone should self-assess for COVID-19 symptoms** before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend.
- **Clubs and facility providers** should ensure that their facility is **compliant with current Government legislation and guidance related to COVID-19**.
- **Competitive training is now permitted**, with groups limited to a **maximum of 30 people**, including coaches.
- **Competitive match play is permitted**, with social distancing in place before and after the match, and in any breaks in play.
- **Players and officials should sanitise** hands before and after a game as well as scheduled breaks throughout a game or training session.
- **Ball handling** should be **kept to a minimum** with most contact via a boot and the ball disinfected in breaks of play.
- Youth football coaches are encouraged to **limit persistent close proximity** of participants during match play and training.
- **Goal celebrations** should be **avoided**
- **Equipment should not be shared**, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Where possible, coaches should only handle equipment in training.
- Players, coaches and officials should **arrive changed and shower at home**. Use of changing and shower facilities must follow government advice on the use of indoor facilities.
- Participants should follow **best practice for travel** including minimising use of public transport and walking or cycling if possible. People from a household or support bubble can travel together in a vehicle.
- Clubs should keep a **record of attendees** at a match or training session, including contact details, **to support NHS Test and Trace**.
- Clubs should ensure they are affiliated with their County Football Association.

A resumption of contact play is only achievable if those involved create and maintain a controlled environment and follow the protocols put in place to minimize the threat of infection. Risk in sport cannot be completely eradicated but with caution these risks can be reduced.

KM United Youth fully respect and support your individual choice on when to bring your child back to football sessions. When ready to return, we will need the following consent form to be completed and submitted before your child can take part. Click the link attached <https://forms.gle/2NH3QVZYRwt4eq5G7>

Please ensure you are familiar with all the supporting information for the KM United return to football which can be found at <https://www.kmunityedfc.net/covid-19>

Thank you for your ongoing support of KM United Youth and welcome back!

Yours sincerely

The KM United Committee